

## **Discrimination is Against the Law**

Windsor Gardens Convalescent Center of San Diego complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Windsor Gardens Convalescent Center of San Diego does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Windsor Gardens Convalescent Center of San Diego:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

- Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact the Social Services Director.

If you believe that Windsor Gardens Convalescent Center of San Diego has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Administrator, 220 East 24th Street, National City, CA 91950, Phone: (619) 474-6741, Fax: (619) 474-1925. You can file a grievance in person or by mail or fax. If you need help filing a grievance, the Social Services Director is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ATTENTION: If you speak any of the following languages; Spanish, Chinese, Vietnamese, Tagalog, Korean, Armenian, Persian (Farsi), Russian, Japanese, Arabic, Punjabi, Mon-Khmer, Hmong, Hindi or Thai, language assistance services, free of charge, are available to you. Please contact the Social Services Director.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Por favor, póngase en contacto el Director de servicios sociales.

注意：如果您使用中文，您可以免费获得语言协助服务。请联系社会服务主任。

Chú ý: Nếu bạn nói tiếng Việt, các dịch vụ hỗ trợ ngôn ngữ, miễn phí, có sẵn cho bạn. Hãy liên hệ với Giám đốc dịch vụ xã hội.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Paki bigay alam sa Direktor ng social services.

주의: 한국어, 무료 언어 지원 서비스를 말하는 경우 사용할 수 있습니다. 사회 서비스 관리자에게 문의하십시오.

Ուշադրություն: Եթե դուք խոսում հայերեն, լեզվի ուղեկցությունների ծառայություններ, անվճար, հասանելի են ձեզ. Խնդրում ենք կապակցվել սոցիալական ծառայությունների տնօրեն.

اجتماعی خدمات لاطفا. همد تندا شماد سترس درك نندا، می صد بت رایگان زبان، كمك خدمات فارسی، شما اگر توجہ

Внимание: Если вы говорите России, переводческие услуги, бесплатно, доступны для вас. Пожалуйста, свяжитесь с директором социальных услуг.

注意：あなたが日本語を話す場合は、無償で言語支援サービスは、あなたにご利用いただけます。社会サービスディレクターにお問い合わせください。

الخدمات مدير "الاتصال يرجى. لك توفرا مجانياً، اللغة العربية، المساعدة خدمات العربية، اللغة تحدثك ننت إذا: تذبذب  
"الاجتماعية".

ਪਿਆਰ ਦੇਣ: ਤੁਹਾਨੂੰ ਪੰਜਾਬੀ, ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾ, ਮੁਫਤ ਗੱਲ ਕਰ, ਜੇ, ਤੁਹਾਡੇ ਲਈ ਉਪਲੱਬਧ ਹਨ. ਸੇਸ਼ਲ ਸਰਵਿਸਿਜ਼ ਦੇ ਡਾਇਰੈਕਟਰ ਨਾਲ ਸੰਪਰਕ ਕਰੋ ਜੀ.

ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតល្អល គឺអាចមានសំរាប់បំរើអ្នក។ សូមទាក់ទងសេវាសង្គមកិច្ចនាយក

Xim: Yog koj hais lus Hmoob, lus pab, dawb xwb, yog pab muaj rau koj. Thov hu rau tus thawj koj pabcuam pejxeem.

ध्यान दें: आप हिंदी, भाषा सहायता सेवाओं, नि: शुल्क बोलते हैं, तो आप के लिए उपलब्ध हैं। सामाजिक सेवा के निदेशक से संपर्क करें।

ความสนใจ: ถ้าคุณพูดภาษาไทย, บริการให้ความช่วยเหลือภาษาฟรีมีให้คุณ กรุณาติดต่อผู้อำนวยการบริการสังคม